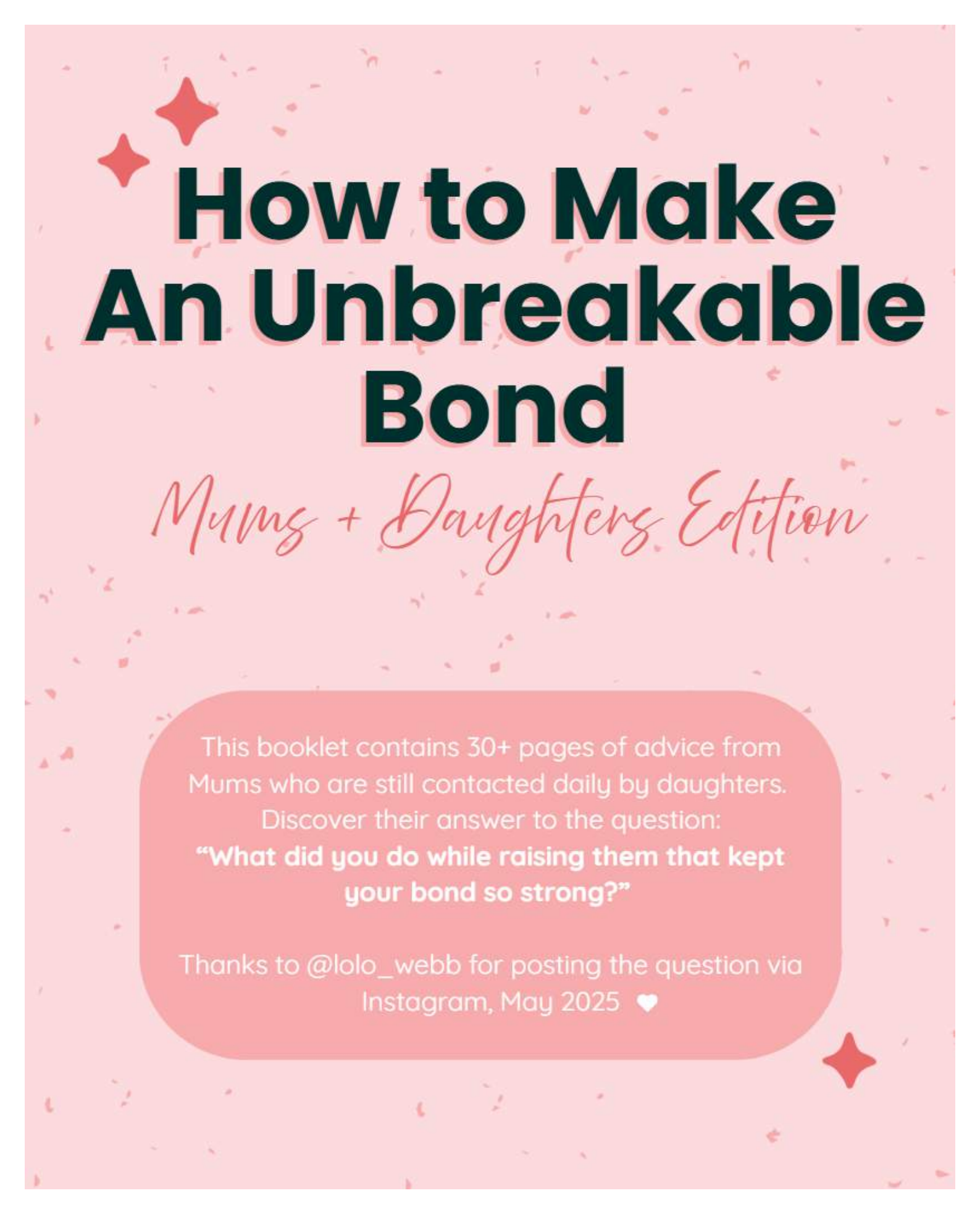




How to Make An Unbreakable Bond

Mums + Daughters Edition

This booklet contains 30+ pages of advice from Mums who are still contacted daily by daughters.

Discover their answer to the question:

“What did you do while raising them that kept your bond so strong?”

Thanks to @lolo_webb for posting the question via Instagram, May 2025 ❤️



My teen is the only one in her grade who actually wants time with mom! or "never wants to move/you're coming with me to college!!" I make sure that I'm not "over parenting" but not "letting things slide" and I tell her as long as she respects me, the respect will remain the same for her.

Always allowed for open conversations. No judgment just her being my safe space where I go to vent to. Once I was an adult she made it clear that I didn't need to ask permission for where to go or what to do but that she was always there for me. Her advice was always given with the caution that I didn't need to take it and she would respect truly whatever I chose to do. I love her more than words can say. And daughters remember the relationship with her is a two way street. Respect and understanding comes from both sides.

I'm the daughter but my mom was so fun loving and let herself be silly. She used to turn up the music really loudly while we cleaned or baked and sang and danced around together. Now I do this with my daughter and I hope she loves it as much as I did growing up.

My mom would write me letters. Letters of encouragement, of anything light and loving. Sometimes with advice. She would always let me know if she was thinking of me (and still does) through texts, calls, showing up with my favorite snack or drink just to say hi. My mom loves being a mother. You could see it was her joy. It showed and still shows to this day.

My mom listens without judgment and always encourages and validates me. When she comes in town she is always looking for ways to help me around the house and never needs to be entertained, just being with each other is enough. She's my best friend and at 34 i still call her every day and hope the same for daughter

My mom kept SUCH an open, supportive line of communication growing up and through my entire life. I genuinely felt like I could tell her anything and everything, and I was never scared to "fess up" to something, because I knew she had my back.

Mine always listened to what I had to say and responded. She made special moments just us that became tradition that have become memories as I've gotten older.

My mom talked to us. She always said, "I'm probably telling you too much...", but it made me feel safe to talk as well. And she listened too. No questions were off limits... no subjects taboo. She genuinely cared about our lives, and honestly shared her own story as well. She didn't hide her own failures, she used them to teach us our need for God's grace.

As a daughter who calls her mom almost everyday (and I now have a daughter of my own) the best thing you can do is be there to comfort and hold them when they mess up or make a mistake.

Mine always listened to what I had to say and responded. She made special moments just us that became tradition that have become memories

My mom and I would go on hikes/picnics...To this day she always leaves me a present from Santa. Also every Valentine's Day since I was little she would leave me sweet treats, breakfast, and balloons with a card to wake up to, and even tho I'm an adult she still always gets me a card and sweet treat for Valentine's Day. Kind of made me like the holiday more because it's a way to celebrate my love for my momma even if I'm single and not celebrating it with a partner! :). .And finally, foot massages...my mom would always give me a foot massage when I was having a bad day and still does, but now that I'm older I'll do the same for her from time to time. Also I just love my mom and could go on and on. I'm 25 now and from ages 13-19 my mom and I had a very rough relationship because I was a very angsty teen and mad she held boundaries and was an actual mom because I wanted to be a wild child, but when Covid hit and I got sober we got close again, and now that woman is the most important person in my life and I know that will never change!

My mom and I didn't always have the best relationship. We started over when I was 17 and worked on building a strong bond again. My mom is my best friend - I know if I ever needed ANYTHING my mama would be right there. If I ever have good news nobody is gonna cheer harder for me than my mama.

Trust. I can talk to her about anything without feeling judged.

My mom made sure we knew the importance of family Visting my grandparents & great grandparents & teaching is by example how important it is to spend time with each other. It's something I passed on to my son Make time for each other

My mum was magical in so many ways... no matter how tired she was she was brushing my hair every night, storytelling became later sharing our days. Sunday afternoon tea and biscuits, carnival homemade dresses, welcoming my friends and always kind and playful.

When we were kids we would do girl days (my mom, sister and me) and we would take off for the day, grab coffee, a little shopping, lunch, you name it. We loved these days.

My mom made mistakes but what she did right is that she has never shamed me - she's super supportive and acts like she wants to be around me.

She let me decide what activity or sport to do. Made every birthday super special ... Played with me every single day, baking, hiking, swimming, making messes, singing, dancing etc. made every since Lunch with love for me until I left for college (dad making breakfast for me every morning as long as I was upstairs by 6:20). She would read books to me every night, drive me to swim practice at 5:00 in the morning in middle school and high school when I was too tired. She never raised her voice and taught me true unconditional love even when I made mistakes as a teenager. She taught me that even when I would screw up, it didn't mean that I was a screw up as a child. She loved my dad with all her heart and they both gave me a HIGH standard on what it meant to truly love a spouse. She openly talked about her faith with me and her love for Jesus. She was the best mom even when she had cancer and after. She was a strong woman who swam the maui channel and taught me what it meant to work hard as a woman physically and academically. She helped my dad when things got hard in 2008 and went back to work at home while being a stay at home mom and did everything. She loved me how Jesus would. I love my momma

I am a surrogate mother to my two youngest sisters. There are two specific moments they have shared with me...

Sister One- I told her she could like whoever she wanted- as long as they care, love, and respect her. Unbeknownst to me, she had secretly been going down the path of thinking something was wrong with her for not finding boys attractive, when all her friends were.

Sister Two- I wrote letters to her as the Easter bunny, and left egg shells by the door. I forgot about this...but she didn't.

I've always tried to be a safe space for them. it's okay if you don't feel comfortable talking to me.

We ate dinner together every single night! No phones, no tv, just conversation. I used to think it was annoying but now I'm so grateful and will do this with my family one day

My Mother has always been very open and honest with us, she gave us a lot of respect. She assumed we were capable so spoke to us more like adults, never spoke down to us as children. She had very few rules, and let us do things our own way, so we felt very comfortable being completely ourselves with her, and could speak to her about anything. She apologises straight away if she makes mistakes.

Consistency and routine, rhythm, inclusion, priority, talk. I never felt like I was a burden or in the way. We would talk for hours, about anything and everything. We had lots of "traditions", the things we would do every year. Tucking in and bed time stories. Tea and toast when my friends would call round before school (sat there chatting we'd end up late).

My mom created the "very best girlfriend club" with just the two of us when I was so little I don't even have the memory of its founding. And it made me feel so special to be in a secret club with my mom. She has always my number 1 cheer leader and i know that if I have a problem or a dream - mom is the first one to call because she will walk with me through it

I talk to my mom almost daily and honestly she just makes time for us. Sunday dinners, girls nights, trips, etc. she works a lot but always makes time to continually make memories

My mom is the one constant in my life...my mom says what she means and means what she says and has always shown up for me. Reliability= safety & security and the older I get the more I realize how rare that is. No matter what I know I can count on my mom.

Grown daughter who calls her mom everyday: she listens without judgement❤️

One on one days at least once a month!

My mom gave me AND my friends and open safe space to hang and be ourselves. I have some of the best friendships - still to this day - because she allowed us to grow up and grow through it together. I think that's one of the biggest gifts my mom gave me - not saying "no, it's just family tonight," or "you've seen them enough." It was always "sure, tell them to come on over!" My mom made it so her house was the house to be - which I think was her way of keeping an eye on me, but also respecting that I was at an age where I needed my friends, and she let me have that.

Shes my favorite person and my best friend. She just always watered me and my siblings like flowers. Never tore us down. Always encouraged us to be exactly who we are/wanted to be. We're all so different and equally loved. She made sure we knew we were/are amazing but not perfect. That we, too, make mistakes and we're wrong for doing so but that she'd be behind us as we corrected those mistakes. She was so involved in every aspect of our lives but never overbearing or overstepped. She is "mom" to so many of our friends who didn't have a mom like her. She was always so great at putting herself in our shoes and hearing us out before being quick to say no or judge us. Shes one of a kind. We're always doubled over laughing at something. She's a breath of fresh air and lightens every room she walks in. Humans need their mamas and need to feel seen by their mamas. We respect the hell out of her. We were never grounded or spanked. We were terrified to disappoint her so we behaved and followed the rules (which were reasonable because her and our dad are painfully normal humans. thankfully.)

I call my mom everyday. Honestly I don't know what she did special when she raised me. She loved me. She was strict and had high expectations and we didn't always get along. But she was always there for me too.

I'm a daughter with this relationship with my mom. She always made an effort to have 1:1 time with me. Never turned me down if I asked to come with her on errands. She always listened when I needed to talk and fiercely advocated for me when I was bullied. She was my rock when I was a kid and is still now as an adult. I'm now working hard to build that relationship with my daughter!

With my 13 year old I plan weekly drives to go somewhere at least 20 minutes away so we can chat

As a grown daughter who absolutely adores her mama. My mama is my safest space, my biggest cheerleader and my guiding light. I thank God everyday he gave me the best example to look up to. She taught me to put God first and love people and she lived what she taught. There's never a day that goes by where I don't talk to her

Just listen. To all of it. The good, the bad, the "should I really be hearing this??" They notice when you listen.
(Mine are 21, 19, and 16)

Had boundaries before we knew the term. Was firm but fair when I was little, and gradually released responsibility as I got older. By high school, she trusted me to do the right thing, so I never felt the need to rebel because she wasn't holding on too tight. She listened and only gave advice when asked.

My mom ...she's my best friend ! She always would listen & take everything seriously. If I had a stomach ache she wouldn't dismiss it or tell me to get over it she would ask what she could do to help and have genuine empathy. It made it so I knew I could come to her with anything! Even when I have big issues she will listen and ask questions instead of offer advice & ask if I want her opinion before sharing it

The best thing my mom did for me was she always was available, for anything and everything

As a daughter who calls her mom everyday - My mom was the most present person in my life. She was always there for me and my brothers, even with a difficult life she pushed hard everyday to build a great life for us. She came to all events and was our biggest supporter. She showed up for our friends too. Always bringing in other kids. We had at least 6 kids at our house daily. She was the one our friends would run to when they were scared to go to their own parents too.

She is always honest, even when it's hard to hear but that just helps me know that she's being honest when she says good things as well. We just all know she will always be there for us no matter what the situation is

My mom let me run wild my teen and early 20's. I entertained every curious thought I had, tried everything and learned all my lessons on my own. If she tried to stop me from doing the things I was doing, it would've turned to resentment or irritability. She let me learn on my own, and I ran back to my mom with arms open wide. 17-21 we barely talked now I'm 22 and my mom is my bestie

I'm not 100% on what she did as a kid but as an adult - My mom has never pushed for information. She's listens and offers advice when I ask for it but isn't judgmental or rude. She's never guilt tripped me into visiting or anything. She's never pushed about wanting grandkids or about me being single. She always says I love you and hugs me. She's there when I need her by phone or in person.

I was always told "you can tell me whatever. It may make me mad for a minute but I'll get over it." We still talk every morning and sometimes twice a day

I happened to be the cool aide house on the block and I loved it!!! We always had end of summer parties. Seriously, probably 40 kids and moms. We overtook the street with basketball, water balloon fights, water hoses came out from neighbors houses. I really miss those days. Most all of them are near 30 now, we should reinact an end of summer party again. Gosh, that was a blast. Moms were totally involved bringing coolers of kids drinks, snacks. We had mom drinks too.

My mom wrote me the sweetest letters on my birthdays. Even when she struggled with depression and felt very low at times, I never had the feeling she was tired of me or my problems. She made me feel loved. Always.

growing up, she was always a parent first and friend second. strict but not too strict, let me make my own decisions and form my own opinions but was also very aware of what I was doing. now she's an amazing mom and grandmom and we have a great very close relationship.

My goal as a mom was to be her safe place. A place where she could tell me anything and there was a judge free zone. She tells me everything still does this day and she's 19.

I wasn't always close with my Mom but I am now that I am older (30's) she has grown and so have I. The past wasn't perfect but she never gave up on me and gave me space when I needed it.

My mum always gave me space and respected my boundaries, she'll gave me her best advice whenever I asked for it. Now I live in a different continent, we text all the time, I keep looking up to her and came back home to have my first baby girl under my mums care and support she's my favourite person ever and can't see it being any different!

Let go when they leave but always be there when they need you. Give her to God. Cover her in prayer. I love my relationship with my girl (27& a lil wife) more every year

Having dinner at least once a week & going shopping

My mom was open and honest. I felt like I could literally tell her anything (even tho I didn't) but as an adult, I still felt like I could come to her for everything.

Take an actual interest in their interests and their lives. Let them be themselves and don't try to control their self expression. When they trust you with their words and honesty, be calm and empathetic, don't yell or get angry. Spend quality time with them, go on walks, play with them, laugh and joke with them... I'm a strong believer in being both a friend AND a parent. My daughter tells me everyday that I'm her best friend. She calls me her soul mate and we are so close. She's 15. At her age, I hated my mother and wanted to be as far away from her as possible

Just always supported me no matter what and never judged me when I failed. Had my back no matter what, always there to offer support before I even have to ask. Never made it a bad thing to ask for help, cuz I always knew I could rely on my mom. Would always make a point of visiting me even when I went to school far away and would make sure I never felt alone.

You just have to be open and honest, keep the bond you have now, It might get rocky but as long as you allow her to explore and ask you questions the bond will remain

My Mom was always open and honest with any questions I may have had. She shared difficult things she experienced and how it affected her. If there was a question I had that she couldn't answer at the time, she would find a way to get answers

She was always there. Consistently. Would drop anything for me and still does. After cultivating a relationship with the Lord, i couldnt have asked for a greater gift!

While raising my teen daughter I was very clear I was her biggest cheerleader, supporter, and constant. She was able to come to me with anything and now at 23 she's told me more than once that is something she valued very much. We talk daily even now that she moved out of state

Supportive, non judgmental and constant communication. Which led to trust. I knew she would make mistakes and allowing her to do that in my safety allowed her to trust me with the hard things and it has kept us super close. We talk 2-3 times per day and choose to spend time together. She's 23 and has a baby now. It's awesome.

My mom and I would have lunch & shopping dates and lots of time to talk in the car. She also would never judge me but just give advice from her perspective and be there for me while I figured out life. Now we live 3 houses away and see each other almost everyday

My mom was (and still is) so supportive and never judged me when I told her anything. It created a safe space to have open conversations, I never even thought about hiding things from her :) 36 and still talk or text daily!

my mom let me make mistakes but always forgave me no matter what. i do call her everyday!

My mom and I actually fought everyday growing up. I preferred my dad all the time because of it. But when I went away to college it all changed. I started calling my mom nearly everyday and now we have a very good and close relationship. I am not sure what was done outside of I realized I needed my mom when I didn't have her there everyday

My mom always held her ground on discipline but we also knew she'd never shame us for making mistakes. She's always been approachable and has a non-judgmental listening ear. At 25 she's my bestie and I go to her for everything

Singing in the car or just listening to music and driving around aimlessly

My mom was just alwaysssssss there. No matter good or bad she always listened and still does. Never judged and helped with life lessons.

My mom is my bestie and I talk to her daily if not multiple times a day one thing she always said growing up was "no matter what it is, you can come to me and I won't judge you for it, but help you navigate through it." Never felt like I couldn't tell her anything. That's my girl for life

My mom was ALWAYS willing to listen and never judging, always supportive no matter what, even if it was not the best decision she let me learn it on my own but by my side. she's my best friend.

I was at EVERY sporting event, rarely missed...my daughters were avid athletes and my parents never came to any of my games. I vowed to always be there! Also, open communication, never judged them but always directed them. They were never my "best friend" until they were on their own...now we are besties!

Both my kids - my daughter who is 41 and my son who is 30 call me all the time and I love it. They know no matter what I am there for them. Teeange years were rough but they both grew into loving, caring adults whom I am so proud of!

Mom of 5, 4 girls and a boy. I have 3 girls in college and we talk all the time. The oldest and I probably talk 4 times a day. We are truly best friends. The best advice I can give is to be a realist. Understand and look at what kids are going through and exposed to. I was pretty strict when teens, but they will be teenagers !! My kids knew dad & I would always help them, always protect them. We were a phone call away. I also was always very open with kids about all things. No taboo subjects or too uncomfortable talks. Be real with them

She always made it clear that I could go to her no matter what. Even when I was in the most trouble I've found myself in I was still able to call her for help knowing she would help me be okay before giving me the lecture. She was and still is my safe space and biggest inspiration. Be authentic, encourage open communication and honesty and then go into the life lesson after you know she's safe and taken care of

My mom was always very loving, would randomly buy us a pastry/shirt/etc on her outings showing she was always thinking about us, she gave us the space to make mistakes but always guided us to have standards and live in alignment to our morals and foundation, she is an active listener and cares about our experiences. That's not to say she isn't flawed but in her being human, she showed us that we could be human too without being ashamed. She has many friends but me and my siblings are her favorite people on this planet, and it shows

Gave me the space to be independent and make my own decisions (and suffer the consequences), and loved me through it all anyways. Our relationship was tough in my teens but it is thriving in adulthood. She truly is my best friend and I'm so blessed to have her

She set the example. No matter where I was, she called me everyday until I learned to call her everyday. Sleepovers, camping trips, eventually college. It became weird if I didn't hear from her at least once daily

We always kept a judgment free zone so that we were able to talk about everything and still do to this day, love my mom so much

My mother was always and still a big support, no judging, no emotional abuse, I've always seen her doing her best for her kids, soft parenting mixed with discipline, she respected me and my siblings and we did the same, we can't use disrespectful words even jokingly, I love her so much and I feel true with her

My mom spent time with me teaching me to cook.

Growing up, my mom (& dad) instilled in us how important it is to have God in our hearts. To be kind. Always try our best and that they're always there for us!!! I still call them everyday! For me and my step daughter I just make sure to always be there and listen. And if my daughter were still alive I'd like to think I would be just like my mom that would be the hope

One thing for sure that I have learned being a mom of a now 18 year old daughter is to be able to apologize when you are wrong. It's not easy being a mom. We make mistakes too. So own up to them and let your daughter know you were wrong if you were. I am also always available to listen and comfort and sometimes to just say nothing. Having a daughter is the best.

Me and my mom talked about everything. We loved the same things so we always hung out.

Gave/gives me straight shot advice while still being in my corner. Doesn't just tell me what I want to hear but still somehow also pumps me up to know I can do anything - even the super hard things, even if it's needing to change my own perspective.

Be as open and honest with her now! Let her know, that she can ALWAYS come to you with ANYTHING, ANY TIME day or night. You may not like what she is saying to you but you WILL ALWAYS LISTEN AND LOVE HER!

(My mum) let me skip school and hang out with her when I was having a rough time or simply be late so we could have a special breakfast or coffee together. (Obviously not all the time - but enough that I knew if I needed a break she would understand and support it)

Just talk. My mom and I could talk for hours and I knew i could trust her with whatever. We're best friends to this day at 33 and 58 years old!

I'm not 100% on what she did as a kid but as an adult - My mom has never pushed for information. She's listens and offers advice when I ask for it

boundaries, she'll gave me her best advice whenever I asked for it. Now I live in a different continent, we text all the time, I keep looking up to her and came back home to have my first baby girl under my mums care and support ❤️ she's my favourite person ever and can't see it being any different!

It's not about an activity, it's about respect, honesty, forgiveness. My mom and I were not close at all until I was 30+. My daughter, 21, says I'm her best friend. I'm a mom when I gotta be but I treat her and talk to her like an equal. If I mess up cause I've had a bad day, I apologize. If I'm sad and she sees it, I say why not make up an excuse. We have the hard conversations about life. We also go to lunch or shopping and that kind of thing. But you'll always be bonded if you are open and honest with her.

Let them be what they want to be and support them on that journey invest in them and show them they are capable of anything

My mom was always my safe space, and still is. I've always known I could come to her when life got messy, and she'd be there to hold my hand through

I'm the daughter but my mom was so fun loving and let herself be silly. She used to turn up the music really loudly while we cleaned or baked and sang and danced around together. Now I do this with my daughter and I hope she loves it as much as I did growing up.

My mom never tried to be my friend growing up. I knew she was there and she would always go the extra mile for me or my friends. But she was our mom, not our friend. Now she is one of my best friends.

I call my mom daily and take her on vacation with us as a family. She is my best friend. She has always told me that I can be open with her about anything, even things she knew my dad wouldn't necessarily agree with because she would help me work through it. She also encouraged me to be my true self. She was a great role model in being a mom, not too soft, not too strict but showed me unconditional love. We had our moment through the teen years but never bad enough to leave a lasting impression in me. It always taught me something. She made sure I was a strong independent woman.

I am 33 with 3 kids and I hang out with my mom almost every day and I will say my mom is always there for me.... Good news bad news... if I did it right or wrong... she has always had my back and I have always known I could count on her

As a mamma to two girls I'm learning from my mother's mistakes to LOVE them for them. Not who I wish they would be. Our basement is covered in fairy dust, I always have too many dresses at the end of the night to clean up but to see them be in girlhood leaves me in awe. Breaking generational trauma is real but glad these two chose me

I think just always being there no matter what and always there to help keeps us calling her

Treat your daughter with respect - at all ages...
-offer advice but listen to how they feel without being offended
Give the moods space & again don't get offended - it's not about you. I think most mothers are hoping they get from their kids what they lacked "as kids".

My mom was always my safe space, I always knew I could tell her anything. I never was afraid of how she would react (anger or sadness) or judgement. She never shamed me, only listened, provided guidance, and a safe place to just be.

Walks or car ridesjust listen & let them talk!

My mom would write me letters. Letters of encouragement, of anything light and loving. Sometimes with advice. She would always let me know if she was thinking of me (and still does) through texts, calls, showing up with my favorite snack or drink just to say hi. My mom loves being a mother. You could see it was her joy. It showed and still shows to this day.

Just care less. Don't make a big deal out of everything

Built a LOT OF TRADITIONS. Like maple syrup festival, now they bring their boyfriends. Trips to museums over and over until they knew all the script. But actually the big one was going for drives. Listening to songs and singing a long and going for a drives was what kept us all closer and off our phones for a few hours every weekend

Open honest and most time blunt communication but with emotional maturity that was appropriate She's having better relationships with everyone then most adults

She knows I'll fight and advocate for her no matter what but I'll also put her in line when needed and then we'll talk about why and ask her to look at many sides of it.

I never treated her like a little baby that wasn't able to do things and she's strong but she still craves to be babied sometimes and I will because soon she won't be here and will be off living her life

Told her that no matter what, no matter how bad she thinks something is that's she's some, no matter how angry she thinks I would be, no matter how terrible an action she participates in, I will always love and support her and help her through it. I told her daily that there is nothing on this planet that she could ever do for me to stop loving her and being there for her. We also made sure to go on a date, just her and I, once a week... Even if it was just a 10 minute drive..Sunday at noon, be there or be square.

Took walks to the grocery store w my mom nearly everyday when i was little

Was present for her everyday. She could come to me about anything and I reserved judgement. I would then bring up things at a later time in a less controversial way

I'd talk to my mom every day if the conversation didn't end up just stressing me out. Always be your girls peace.

She loved having us around. She was always sad when it was time for us to go back to school. She never made jokes about wanting a break or us being a hassle. She let us travel and go to camp and do whatever we wanted, but she genuinely liked being around us and it showed. And there were five of us!

My mom just listens, and always lets me know she's proud. She's my bestfriend. I talk to her too many times a day. :)

My mom always made me feel safe to be honest about things going on or my feelings. She listened without giving advice if I didn't ask for it but also made sure she was there to fall back if needed. She was truly involved in my childhood; classroom mom, was on the pto, came to all things that went on at school, was creative and fun to be with (even when she was having hard days), and team mom for sports....all while she worked. I believed she was a superhero because my friend's moms weren't like that. She was mom to all my friends and created a safe space for them in her home as well. Our relationship changed and grew as I got older and became an adult. I know she didn't have the best relationship with her own mom until much later in life so I have the utmost respect for her in how she changed things for how I was raised.

My mom was always my safe place and never made me feel judged and she always listened. Always showed up when I needed her! I'm 27 and call her multiple times a day even just to tell her what I had for lunch

My mom was a great listener. She would crawl in my bed at night and listen to me talk about whatever I wanted to for like 30 minutes. I looked forward to when she stayed.

Try and go into their world not always trying to pull them into yours.
Pull up a chair, enjoy it with them, whatever it is.

Daughters perspective here. My mum genuinely enjoyed my company. She made it known that she loved doing things with me.

My mom had plenty of mom boundaries but we also felt like best friends. She'd tell me about her day and hear about mine and it made her more human to hear about silly coworkers or work stuff.

In the moments I needed her, there was only love, understanding, no judgement and saving. Never yelling. No screaming. No threats. Just straight up came through. Every single time. 35 and my mom is my best friend.

She doesn't judge !!! She's available at all times, which is such a safe feeling. I'm obsessed w my mother

Just always being there and going everywhere together!

So many things. My mom was my best friend when she passed when I was 27. When we were little, she made holidays so special with the same meals/ traditions each time, she took us out for picnics, hiking, swimming, walks, bike riding. As I got older (we kept doing all those things), but she also took me shopping and we would go get lunch regularly just her and I. She listened and listened and listened some more. And never scolded or judged the things I told her. (She did give advice sometimes.) She laughed - a lot! Her laughing until she cried around the dinner table regularly is one of my favorite memories. She was the most wonderful quirky funny caring hardworking mom. (A NICU nurse AND homeschooling mom.)

Im 51 and love talking to my mom who is 83 years young. She has a close relationship with her Heavenly Father that guides her. She is safe, fair, great listening, wise from studying every book about people/relationships. One time as newlyweds, I was mad at my husband and went to complain to her. She said "Wait. Did you talk to him about this yet?" I answered "not exactly" she invited me to go talk to him about it in more detail first and then, if he wants to, she will listen to us both if we haven't straightened it out. ♥♥♥ I'm so thankful for her.

It sounds so silly! But we ran errands together! I found that anytime we drove in a car together she would open up to me more than any other time and any other place! And we would do a lot of mother-daughter days. I would pull her out of school for a day and we would just spend a day together going to lunch getting manicures and pedicures watching movies at home. She's 19 away at college and we still talk 1-2 times every day!

My mum is disabled and couldn't support me the way most moms could. But she has always been loving, wise, and available to listen and pray with me. She is the best. We talk all the time.

My mom showed up and is still showing up for me and my daughters, she's always a call away. I know whatever I need, she'll provide. Babysit? Yes. Hug? Yes. Car ride for a starbucks? Yes. Sit in silence while I cry my eyes out? Yes. Actions speak louder than words.

My mom would give us the benefit of the doubt and listen to my side even if she wasn't going to agree. Went she lost her cool and flipped out, she would sit us down later and apologize.

My moms my best friend and has been for 35 years as the daughter I can say I always felt safe sharing my feelings no matter what and I have fond memories of adventuring w my parents as a child and pre teen and teen and adult grateful

I didn't try and be her friend until she was grown, now we are great friends. I tried to be a loving guide to teach her right from wrong and to love Jesus. Now she has a family of her own and we talk all throughout the day everyday.

My mom's just an awesome person. Funny too

Listen to them and don't automatically try to "fix" everything for them. Acknowledge their feelings. Spend one on one time.

Prayed for her, gave her freedom, trusted her but always gave her advice on how to do the right thing.

Be very very very opened about your mistakes that you made as a teen. Don't try to save face with your image- be raw and real. Make it apparent that you can be trusted and let her know you will never judge I was a teen mom and my daughter is a honors student in highschool. I am her #1 support system... that's the most important. My mother was never around and when she was she made it seem like she didn't want to be around me. I make my daughter number one priority and let her know that I enjoy her. I enjoy all the moments. I enjoy spending time with her. If you make your child, feel unloved or pushed away or separate from you - I promise you they will follow suite. So always make her feel special

Sat on the end of her bed and talked when she got ready to go anywhere

As a grown daughter who talks to her mama every day... she always validated my feelings. I never felt judged. She was the originally magic maker of my childhood. She always let me know when she thought of me even if I was gone all day. In elementary school I'd come home to a new little something like a stuffy or new notebook and pens on my bed... when I was a teen, it would be a new blouse, or something. Honestly she just always made me feel loved, really loved and safe. Reply

My mom used to occasionally drive past the school and take me shopping or to work with her. We would spend the day in and out of shops, talking and snacking. We've had some of the most heartfelt conversations in the car. Those "mental health" days were some of the best. I'm 35 now and we still go out shopping and running errands together. It's one of my favourite things!

My mom was never judgmental (at least to our faces). Always offered help when we needed it. Had open communication with my sister and I so nothing got lost in translation. She was and is always our biggest cheerleader.

I could tell my mom absolutely anything in the world and she would never judge or get mad at me. She would listen and try to understand my perspective. Even when it was really dumb choices I had made. (Boys) be as open and honest with her as you possibly can and let her do the same with you. My mom is my best friend and the person I'm closest to in the whole world. It also made it when I was younger I didn't want to do things that were bad or rebellious because I knew I would have to tell my mom.

My mom is the best supporter and she always listens without judgment

I talk to my mom daily. I now have two daughters. My mom was just always there. Always available. Listened. As I got older and moved out, she called. She came over to see me. She checked in frequently. She shared my high moments, and listened in my lows. She is just a constant peace for me. Shes never made a situation worse, only better.

Actually, me and my mom did not get along in my sassy teenage years. We are so similar, and I always "hated" her because I wanted my independence. It wasn't until I went to college that we became best friends. But, she just gave me my space as I was trying to figure out life. She would still give me her words of wisdom/parenting that I wanted nothing to do with, but many years later I fall on that advice and now call her every day. My husband and her joke that he can answer my questions too but I still call my mom to ask. She's just always been there for me.

30 years old and my mom is one of my best friends. We text on and off every day, and she calls me on her way home from work. The biggest thing is I always knew she was in my corner. Even as a late teen/early adult when she didn't agree with something, she was still always there for me. She wouldn't sugarcoat what she thought, but told me she couldn't make decisions for me. Endless support and love. If I can be half the mom she is I'd be grateful.

Always expressed the importance of communication. Taking time to really be present in conversation. Creating a judgement free space and never making any conversation "weird".

Go for drives. The best conversations happen in the car

I could tell my mom absolutely anything in the world and she would never judge or get mad at me. She would listen and try to understand my perspective. Even when it was really dumb choices I had made. (Boys be as open and honest with her as you possibly can and let her do the same with you. My mom is my best friend and the person I'm closest to in the whole world. It also made it when I was younger I didn't want to do things that were bad or rebellious because I knew I would have to tell my mom

Listened to them, validate their feelings without feeding into them. Be there.

Hair. Doing their hair. Especially with my oldest one. We have so many conversations while doing hair. Listening and NOT judging and not to jump to fix their problems unless they ask.. I always remind them I'll be here no matter what. Even if they do something stupid. I always tell them I rather you get you home safe from wherever. I can be mad or disappointed and consequences can come AFTER you're home safe.. I 3 teenage girls. One is graduating next week and our relationship keeps getting stronger. I don't want to let her out into this world but I know she will be ok!

Watching movies together & getting nails done...Simple things but in those times.... We stopped our crazy lives to be with each other!

Let them talk to you about everything- especially silly stuff, even when you're tired.

Anytime I was sad my mom would take me out for a drive to talk or if I didn't want to we'd just get ice cream or drive for a little while and listen to music. I appreciated those times so much

We had an "I love you" box for special notes to each other and had a little catch phrase just between us. She makes every holiday or occasion special even now that I'm an adult with my own children. My mom also allowed me to have a lot of independence and trusted me to follow my gut instincts. She's just the best.

She just always listened and never judged but always gave me advice on how to handle situations 2 better. My mom is my best friend

I'm the mother of four grown daughters that I'm still very close to and talk to all the time. I always told them that they could talk to me about anything without any judgement. They were always willing to talk and shared many things with me. I would listen to their music with them and did the things they enjoyed with them. There were definitely some difficult times but being available for them made it much easier.

My mom made mistakes but what she did right is that she has never shamed me - she's super supportive and acts like she wants to be around me.

Mine always listened to what I had to say and responded. She made special moments just us that became tradition that have become memories

She listened and was always there when I needed her, even if she disagreed with my choices. She always made sure to make memories with me as well, bonding while we shopped, while we tried new places to eat, or even travel.

My mom and I are incredibly close. She, too, had the mom first, friend second. She would tell me stuff that she knew I didn't want to hear but helped me understand the situation. Always expressing her input out of love for me and my brother. As a christian, she lived by being the example. Always making time for me. Putting my needs first (and my brother, of course).

Literally just kept the communication open all these years!!! My daughter's 32 and we talk multiple times a day as does she and her Dad (we're together for 44 years)! And our son as well! Always let them know that they can come to you with "anything" (you can handle it)! LOL! Fun life! I love following your family.

THE END.